

BULLETIN OF THE NATIONAL RURAL NETWORK OF THE WIELKOPOLSKA REGION









"European Agricultural Fund for Rural Development: Europe investing in rural areas".

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Krzysztof GrabowskiDeputy Marshal of the Wielkopolska Region

Dear Sir or Madam,

I am presenting the next issue of the newsletter "Our European Countryside", informing about activities related to the implementation of the Rural Development Program for 2014-2020. The financial perspective is coming to an end, which does not mean a reduction in the number of tasks performed. On the contrary, aid beneficiaries make every effort to complete their commenced investments in a timely manner and prepare for the latest calls for proposals.

Own tasks are also being carried out by the Self-government of the Wielkopolska Region. In May, the final of the culinary competition for farmers' wives' associations called "Delicacies from Wielkopolska orchards" was held, in which associations from Wielkopolska competed in competitions for the best regional dishes with apple and plum. In addition to the report from this delicious event, in this issue of the newsletter we are also presenting a recipe for one of the dishes, which the awarded association willingly treated us to.

The assessment of applications submitted each year by the partners of the National Network of Rural Areas has also been completed, thanks to which further partnership operations will be implemented in our region. Traditionally, we also inform about the winners of the Wielkopolska Farmer of the Year competition and we report on the final gala of this prestigious event.

Preparations for the new financial perspective are also gathering momentum. Wielkopolska local action groups received funds under the so-called preparatory support and entered public consultations, the results of which will constitute the basis for the development of new local development strategies. This process is very important for our region, as it lets us plan projects that are important from the perspective of the Wielkopolska countryside, with the active participation of its inhabitants. Its rank is strengthened by the fact that the Wielkopolska Region will allocate additional funds to local action groups under the European Funds for Wielkopolska 2021-2027 program.

In this edition of the publication, we are also informing about the announced third edition of the photo contest "RDP through the lens". Through the competition, we are trying to increase the knowledge of the inhabitants of the Wielkopolska Region about the effects of the programs, especially the material and visual ones. We will publish the winning photos in the next issues of the newsletter.

I recommend and wish you pleasant reading.

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The best Farmers' Wives' Associations were awarded in Białośliwie

As many as 95 Farmers' Wives' Associations from Wielkopolska participated in the culinary competition "Delicacies from Wielkopolska orchards" announced in March by the Self-government of the Wielkopolska Region, for the best regional dish with apple or plum. The competition was open to farmers' wives' associations having their seat and operating in the territory of the Wielkopolska Region.

The aim of the competition, co-financed by the European Union under the National Network of Rural Areas of the Rural Development Program for 2014-2020, was to promote fruit from Wielkopolska orchards: apples and plums, distinguish active farmers' wives' associations, and strengthen the sense of regional identity among residents of our region, promoting the local culinary heritage, extending knowledge about traditional products and regional cuisine, as well as building a cultural identity based on the continuity of culinary tradition passed down from generation to generation. The final of the competition took place on May 28 in the Raczyński Family Manor Park in Białośliwie. Stands prepared by the hosting associations were also proudly visited by the governors of Wielkopolska communes. Such events are an excellent opportunity to promote smaller towns and present their rich culinary heritage.

For years, Wielkopolska has been focusing on promoting local products. We are pleased with such a great interest in participating in the competition, it confirms how active farmers' wives'

associations are in our region. We are proud of the activities of farmers' wives' associations in Wielkopolska and we hope that they will join future editions of the competition in even greater numbers and with even greater enthusiasm - says Krzysztof Grabowski, Vice Marshal of the Wielkopolska Region.

In Białośliwie, farmers' wives' associations presented dishes in two categories: for the best regional dish with apple and for the best regional dish with plum. The jury assessed the dishes by awarding points according to criteria such as the way of presentation, including appearance, aesthetics, originality and manner of serving, taste and aroma, and the relationship between the dish and the region and its traditions. 10 associations were awarded in each category. The winners received financial prizes in the amount of PLN 2,500 and diplomas, which were presented by Krzysztof Grabowski - Deputy Marshal of the Wielkopolska Region, Krzysztof Rutkowski - Head of the Białośliwie Commune and Jarosław Maciejewski - Chairman of the Competition Committee,



The prizes for the winning farmers' wives' association were presented by: Deputy Marshal Krzysztof Grabowski, the Head of the Białośliwie commune, Krzysztof Rutkowski, and the chairman of the competition committee, Jarosław Maciejewski - vice-chairman of the Assembly of the Wielkopolska Region



Vice-chairman of the Assembly of the Wielkopolska Region and the President of the Association of Village Mayors of the Wielkopolskie Region. All participants of the competition received commemorative diplomas and material prizes - 15 kilograms of flour each, which is to be an inspiration for further culinary challenges.

The prepared specialties were also served to guests visiting

the gala, and there were plenty of dishes to be tested. Each of the farmers' wives' associations prepared sweet and savory dishes, either as an independent meal or as a main course.

Below we are presenting the winning farmers' wives' associations from Wielkopolska and the dishes from the final part of the competition:

In the category for the best regional apple dish				
Farmers' Wives' Association in Błażejewo	Apple pie with vanilla and lemon cream on nut crumble			
"Marianki" Farmers' Wives' Association in Marianowo	Duck thigh in cider and apples with wedge roasts from Marianki			
Farmers' Wives' Association in Cekowo-Kolonia	Baked rabbit with apples, plums and potatoes			
Farmers' Wives' Association in Posada	Roast pork with apples			
Kołaczkowianki Farmers' Wives' Association	Duck roulade with apples			
Kluczewo Farmers' Wives' Association	Duck with apples			
"Włościanki" Farmers' Wives' Association	Caramelized apples stuffed with liver			
KDzierzążenko "Dziarskie Babki" Farmers' Wives' Association	Gut in cabbage under an apple quilt with greaves			
Farmers' Wives' Association in Miały	Pork neck under an apple quilt with cranberry and cinnamon potato dumplings			
"Nasze Dolaszewo" Farmers' Wives' Association	Bigos stew made of apples			

In the category for the best regional dish with plum				
Farmers' Wives' Association in Krzykosy	Pork chop with plum			
Association for the Development of the Farmers' Wives' Association and Village Council in Tokary	Pork ribs with prunes in honey glaze			
Rusko Farmers' Wives' Association	Roast duck with plums in own sauce			
Farmers' Wives' Association in Sławsk	S' Association in Sławsk Plums in jelly with wine			
Farmers' Wives' Association in Obra	Stewed pork loin with plum in jelly			
Farmers' Wives' Association in Ciosaniec	Drumsticks in plum jam			
Farmers' Wives' Association in Cicha Góra	Roulade with regional plums from Cicha Góra			
Orpiszew Farmers' Wives' Association	Pork neck in plum sauce			
Farmers' Wives' Association in Skokumie - Jaglanki	Goose thighs on millet in a wreath of plums in goose sauce			
Farmers' Wives' Association in Dębówek Stary	Dębówek chicken roulades with plum and smoked colander cheese in plum sauce			

We are very grateful for the organization of such competitions, promotion for us, a chance to present ourselves and an opportunity to use culinary talents of our members. As the event was attended by so many associations, we could boldly see how our stands are decorated by other associations and what treats they have prepared. The atmosphere and climate will stay with us for a long time and we will use prizes for our

statutory goals - Paulina Stelmaszak says, a representative of the Farmers' Wives' Association in Marianów.

Voices of satisfaction are also coming from the Association of "Development of Farmers' Wives' Associations and the Tokary village council," Małgorzata Jaworska emphasizes that organizing an event such as a competition for farmers' wives'

EVENTS



The prizes for the winning farmers' wives' association were presented by: Deputy Marshal Krzysztof Grabowski, the Head of the Białośliwie commune, Krzysztof Rutkowski, and the chairman of the competition committee, Jarosław Maciejewski - vice-chairman of the Assembly of the Wielkopolska Region

associations in Białośliwie was a great idea. Ladies from all over the region met in one place, they presented their best dishes, based on the highest-quality raw materials from their villages. The atmosphere during the competition was very positive, apart from the competition, there was also help from neighbours, tasting dishes together and exchanging experiences.

The competition organized by the Self-government of the Wielkopolska Region was not the first occasion of this kind for the struggles of farmers' wives' associations from our region. Last year, 60 associations entered the competition "Active Farmers' Wives' Associations in Wielkopolska". The competition committee assessed activities of farmers' wives' associations to date, their cooperation with other institutions, associations, the local government, as well as participation in workshops and training sessions. On the other hand, during the final gala organized on November 27, 2021 in Kołaczków, 30 Farmers' Wives' Associations competed in the competition consisting in preparing a baking referring with its appearance to the logo of the Wielkopolska Culinary Heritage Network.

According to the data published by the Agency for Restructuring and Modernization of Agriculture, as many as 1,616 farmers' wives' associations are registered in our region, which places Wielkopolska in the first place in the ranking of regions-before Mazowieckie and Lubelskie.

Farmers' wives' associations are voluntary, independent, self-governing, social organizations of rural residents supporting



During the final of the competition, guests could taste the specialties prepared by farmers' wives' associations.

EVENTS



The awarded Farmers' Wives' Association in Posada with Krzysztof Paszyk, Member of the Polish Parliament, Krzysztof Grabowski, Deputy Marshal, and Krzysztof Rutkowski, the head of the Białośliwie commune

development of entrepreneurship in the countryside and actively working for the benefit of rural communities. They represent interests and work to improve the socio-professional situation of rural women and their families, as well as support the comprehensive development of rural areas. Farmers' Wives' Associations conduct socio-educational as well as educational and cultural activities in rural environments, activities for the comprehensive development of rural areas, support the development of female entrepreneurship, initiate and conduct activities aimed at improving the living and working conditions of women in the countryside, disseminate and develop forms of cooperation, management and rational methods of running a household, represent interests of

rural women against public administration bodies, and they develop folk culture, in particular local and regional culture.

It is definitely worthwhile to strive for the operation of as many Farmers' Wives' Associations as possible in rural areas, bringing together a large number of members. This gives the opportunity to implement valuable initiatives not only to cultivate local traditions, but also to implement innovations at the local level. Legal regulations enable obtaining funds for running a business, and the favour of local governments also opens the possibility of participating in competitions such as "Delicacies from Wielkopolska orchards".



 $\label{prop:eq:competition} \textbf{Evaluation of the dishes entered in the finals of the competition}$



Awarded Farmers' Wives' Association Kołaczkowianki with the head of the Kołaczkowo commune. Teresa Waszak

IMPLEMENTATION OF THE RDP

National Network of Rural Areas develops!

Evaluation of the applications submitted under competition no. 6/2022 for the partners of the National Network of Rural Areas, which will be implemented in 2022 under the two-year operational plan of the Network for 2022-2023 in the Wielkopolska Region, has been completed. On June 21, the Deputy Marshal of the Wielkopolska Region, Krzysztof Grabowski, signed agreements with partners of the Network. The total value of the co-financed operations is nearly PLN 1,100 thousand. However, since the beginning of the RDP 2014-2020 implementation, more than 120 partner operations worth over PLN 3 million have been carried out in our region.

In this year's edition of the competition, 49 applications were submitted for the selection of partner operations. After the evaluation, 34 operations were qualified for co-financing, they will be implemented by the following Network partners: Jarociński Poviat, Lisków Commune, Town and Commune of Grabów at Prosna, Commune and Town of Stawiszyn, Commune of Dobra, Association "Solidarity in Partnership", Turkowska Union of Development - T.U.R., Association "Dolina Noteci", Commune Cultural Centre and Library in Przemęt, Commune Cultural Center named after Władysław Reymont in Kołaczków, the Municipal Cultural Centre in Włoszakowice, the National Museum of Agriculture and the Agricultural and Food Industry in Szreniawa, the Wielkopolska Agricultural Advisory Centre in Poznan, the Wielkopolska Chamber of Agriculture, University of Life Sciences in Poznan, the Farmers' Wives' Association in Trzemeszno, the Wielkopolska Association of Local Initiatives "Zielona Kropka", AGRO INTEGRACJA sp. z o.o., the Polish Chamber of Regional and Local Products

Wielkopolska Branch, Ingenia S.A. and the Foundation of the Duda Family named after Maksymilian Duda.

This year's competition regulations did not allow the implementation of, inter alia, outdoor events, which were among the initiatives willingly undertaken under previous editions. However, the Network partners presented many ideas for other interesting events - the obtained support will let them conduct culinary competitions, trainings, meetings and conferences devoted to the broadly understood subject of rural areas development. There will be national study visits, publications, and research on rural development in our region, says Deputy Marshal Krzysztof Grabowski.

The newly selected operations will have been implemented by the end of October 2022. The Network has already started the implementation of the planned projects. On June 4, in Mochy, the Commune Cultural Centre and the Library in



The Wielkopolska Association of Local Initiatives "Zielona Kropka" will implement the Eco Village III action. The contract was signed on behalf of the association by President Monika Mazur

IMPLEMENTATION OF THE RDP



Culinary struggle of Farmers' Wives' Associations during the competition "Asparagus, our Gold from the Earth" organized by the Commune Cultural Centre and the Library in Przemet

Przemęt conducted the culinary competition "Asparagus, our Gold from the Earth". The action aimed at activating rural residents to take initiatives related to area development, including the creation of jobs in rural areas, was granted funding in the amount of PLN 36,000.

Twelve farmers' wives' associations from the Przemęt commune participated in the competition, presenting asparagus dishes at stands prepared especially for them. The aim of the competition was to introduce the recipients to the enormous culinary possibilities of using asparagus. The culinary rivalry between farmers' wives' associations was also supposed to serve the purpose of exchanging experiences, encouraging them to join farmers' wives' associations and stimulating the inhabitants to undertake further joint initiatives. The event also contributed to the dissemination of knowledge about the cultivation and possible uses of asparagus. The prepared dishes were assessed by members of the competition committee, they were representatives of the catering industry, the regional self-government and winners of culinary competitions. Attractive financial prizes were planned for the competition participants. The winning Farmers' Wives' Association in Mochy received PLN 10,000, the Farmers' Wives' Association in Perków received PLN 8,000 as the second prize. On the third step of the podium with a prize of PLN 6,000 there was the Farmers' Wives' Association in Przemęt. Two awards were also granted in the competition - for keeping faithfulness to tradition and for innovative solutions, which were received by the Farmers' Wives' Association in Kluczewo and the Farmers' Wives' Association in Bucz.

The culinary competition "Asparagus, our Gold from the Earth" undoubtedly contributed to the amazing promotion of local products - mainly asparagus - says Agnieszka Kędziora, Director of the Municipal Cultural Centre and Library in Przemęt. The main goal of the project was to activate farmers' wives' associations to take actions to disseminate knowledge about the culinary heritage of the Przemęt Commune. Objective implemented The culinary heritage of the Przemęt Commune was presented in an attractive way, attracting a huge audience, but also a large group of women who are members of farmers' wives' associations and their relatives and friends. The project implementation, its course, is evidence of good and fruitful cooperation of many entities from the beginning to the end. As part of the competition, women from farmers' wives' associations were activated to culinary activities. They also showed many other talents that were their own initiative, such as, for example, artistic handicraft or wonderful decorations and costumes. The competition was definitely worth the effort and commitment on the part of the organizers, as intangible benefits such as integration, satisfaction and the sense of fulfilment of women from farmers' wives' associations, time spent together are priceless. For us, as a cultural institution, they are extremely important elements of our entire activity. Passing on the values and cultural heritage of the region in a beautiful and tasty way.

We congratulate all partners of the National Network of Rural Areas and wish them successful implementation of their planned initiatives.

CLLD IN WIELKOPOLSKA

New local development strategies

The year 2022 is a time of hard work for all institutions involved in the implementation of the Rural Development Program for 2014-2020, mainly related to announcing recruitment and evaluation of applications, the submission of which is possible thanks to the reallocation of funds and extension of the financial perspective. However, intensive efforts are underway to prepare for the next programming period. As we informed, Wielkopolska joined the group of regions which decided to implement the territorial development instrument, community-led local development, in the multi-fund formula. This means that since 2023, through local action groups, it will be possible to obtain support for initiatives also co-financed by the European Social Fund + and the European Regional Development Fund under the European Funds for Wielkopolska program.

In March, the Management Board of the Wielkopolska Region announced a call for applications for aid as part of preparatory support - a sub-measure addressed to local action groups, under which they could apply for funds in the amount of PLN 74,000 to develop new local development strategies. 29 local action groups applied for such aid, and the area planned to be covered by local development strategies is larger than what we have in the current programming period. On July 1, at the seat of the Marshal's Office, Deputy Marshal Krzysztof Grabowski concluded contracts with them. Guests of the ceremony included councilors of the Wielkopolska Region: Zofia Szalczyk and Jaroslaw Maciejewski. The meeting was also an opportunity to provide the guests with information on the state of preparations for the implementation of the new programming period and the possibilities offered by the implementation of multi-fund strategies. The funds transferred to LAGs will be spent primarily on conducting public consultations - they must be organized within each commune that will be covered by the local development strategy. Preparation of an LDS that meets the requirements specified in the act on local development is a necessary condition for disbursement of funds.



The ceremonial signing of the contracts took place on July 1 at the seat of the Marshal's Office of the Wielkopolska Region



Each LAG received support in the amount of PLN 74,000. In the photo: ceremonial handing over of the contract to the representatives of the Czarnkowsko-Trzcianecka Local Action Group

Developing multi-fund strategies is not an easy task. However, I believe that many years of experience gained during the implementation of the Rural Development Program for 2007-2013 and 2014-2020 will help local action groups plan and implement new challenges. They must be undertaken so that the smallest towns in our region develop - says Izabela Mroczek, Director of the Department of Rural Development Programs.

For the regional self-government, it is now of key importance to negotiate good conditions for financing LAG activities. "For the effective implementation of CLLD in Wielkopolska, it is necessary to provide local action groups with appropriate human resources and substantive support - emphasizes Deputy Marshal Krzysztof Grabowski. The second meeting of the Working Group for the implementation of CLLD in the Wielkopolska Region, held on 28 June, was devoted to the functioning of LAGs.

The Minister of Agriculture and Rural Development is planning to announce a competition for the selection of LDS in the fourth quarter of 2022. The implementation of the strategy will be possible since mid-2023.

Sower's statuettes awarded

For the 21st time, winners of the Wielkopolska Farmer of the Year competition were honoured with Sower's statuettes. On June 5, 2022, during the final gala of this event organized in the Earth Hall of the Poznan International Fair, prizes were presented by the Deputy Marshal of the Wielkopolska Region, Krzysztof Grabowski, together with the chairman of the chapter, Professor Associate Grzegorz Skrzypczak, PhD, representing the University of Life Sciences in Poznan. The organization of the gala was co-financed by the National Network of Rural Areas.

The competition was open to farmers - producers of agricultural raw materials and processed and unprocessed food, as well as producers of vegetables, fruit, ornamental plants, breeding material, seed and nursery material, wicker, reed, medicinal plants and others who have been running farms for at least seven years. Assessment by the members of the jury was subject to such

elements such as the level of production and modern technology, farm organization and rational equipment, economic effects, environmental protection or the aesthetics of the farmyard. This year's competition was attended by 45 farms, and the Sower's statuette with a financial prize of PLN 15,000 was awarded to 10 farmers.

	Competition winners					
	First name and last name	Category	Farm address	Municipality		
1.	Elżbieta and Tomasz Jazdon	Horticultural production	Zakrzewo	Siedlec		
2.	Grażyna and Hieronim Gryczyńscy	Horticultural production	Latalice	Pobiedziska		
3.	Sylwia and Piotr Zawiasa	Plant and / or animal production	Klotyldów	Mycielin		
4.	Elżbieta and Józef Kurzawa, Renata and Krzysztof Kurzawa	Plant and / or animal production	Wichertów	Przykona		
5.	Marlena and Mariusz Wiza	Plant and / or animal production	Skokówko	Borek Wlkp.		
6.	Magdalena and Bartosz Przybylscy	Plant and / or animal production	Kędzierzyn	Niechanowo		
7.	Tomasz Leszczyński	Plant and / or animal production	Łążek	Kłodawa		
8.	Krystyna and Piotr Mizerni	Plant and / or animal production	Nowy Czarnków	Kramsk		
9.	Beata and Mariusz Nowaccy	Other areas of agricultural activity	Dachowa, Brzezie	Gostyń		
10.	Izabela and Zbigniew Stajkowscy	Horticultural production	Michalcza	Kłecko		
Nominees						
1.	Marzena and Henryk Cuper	Plant and / or animal production	Godzieszki	Godziesze		
2.	Izabela and Tomasz Andrzejewscy	Plant and / or animal production	Podłużyce	Brudzew		
3.	Maria and Sebastian Staszak	Plant and / or animal production	Biskupice	Grodziec		
4.	Anna and Andrzej Kopydłowscy	Plant and / or animal production	Grabionna	Miasteczko Krajeńskie		
5.	Jolanta and Piotr Mielke	Other areas of agricultural activity	Ługi	Zakrzewo		
6.	Mirosława and Jerzy Karowscy	Plant and / or animal production	Nieżychowo	Białośliwie		
7.	Ilona and Marek Michalakowie	Plant and / or animal production	Kuchary Borowe	Rychwał		
8.	Dorota and Jacek Januszewscy, Agnieszka and Jerzy Januszewscy	Plant and / or animal production	Franciszkowo	Złotów		
9.	Sylwia and Piotr Nogajowie	Other areas of agricultural activity	Trojanowo	Murowana Goślina		
10.	Monika and Rafał Gierz	Horticultural production	Mnichowice	Bralin		

EVENTS



Laureates of the 21st edition of the competition with Deputy Marshal Krzysztof Grabowski

For the first time, a special award was also granted for special achievements, contribution and commitment to the development of agricultural activity in the Wielkopolska Region. It was given to Bronisława and Jan Chlast from Nowe Skalmierzyce.

The winners joined the 195 farms awarded in the previous twenty editions of the competition. In total, more than 1,300 farmers from Wielkopolska participated in it.



A special award was given to Bronisława and Jan Chlast from Nowe Skalmierzyce.

NATIONAL NETWORK OF RURAL AREAS

Photo competition "RDP in the lens - third edition"

On June 15, 2022, the Management Board of the Wielkopolska Region announced the third edition of the photo competition entitled "RDP in the lens". The competition is organized by the Regional Unit of the National Network of Rural Areas in the Wielkopolska Region operating within the Department of Rural Development Programs of the Marshal's Office of the Wielkopolska Region in Poznan. Attractive prizes in the form of vouchers with a total value of PLN 25,000 are provided for the winners and distinguished persons, to be used in a photo shop.

The aim of the competition is to promote the Rural Development Program for 2014-2020, as well as the Rural Development Program implemented in 2007-2013, and to increase the knowledge of the inhabitants of the Wielkopolska Region about the effects of the programs. The competition is also an element of promoting the cultural heritage of the region and rural tourism.

Participants, residents of rural areas, could submit a maximum of 2 photos in each of the following thematic categories: "Infrastructure co-financed from the Rural Development Program", "Wielkopolska village from a bird's eye view", "How Wielkopolska residents care for tradition", "Tourism in rural areas", "Wielkopolska on a plate". All submitted competition

entries are then assessed by the Jury. The deadline for entering the competition has been extended till 30 September. We would like to invite everyone interested to participate. More information about the competition can be found on: www.dprow.umww.pl and www.wielkopolskie.ksow.pl.

The previous editions of the competition were very popular. From year to year, the number of submitted works is growing, they are distinguished by originality, aesthetics and creativity, which makes the selection of the winners a difficult task for the members of the Jury. The winning works from the 1st and 2nd editions of the competition can be seen at www.wielkopolskie.ksow.pl. They show the beauty of rural areas through the eyes of the authors of the awarded photos.



Awarded photo in the category "Wielkopolska village from a bird's eye view" by Jerzy Orchowski. The photo shows the Warta River Landscape Park, it was taken in the village of Ladek, Ladek commune, Stupca poviat

- /

CULINARY ZONE

Duck leg in cider and apples with wedge roasts from Marianki

DIn the past, ducks were an inseparable element with which rural areas were associated. Nowadays, duck dishes are becoming fashionable again, due to the fact that duck meat is considered the noblest type of poultry. Duck thigh in cider with apples is a dish that can be prepared both for an everyday lunch, an exquisite dinner, and a holiday dinner for the family. A few ingredients give a great effect - the secret of the delicious taste of the presented dish is the combination of cider and apples, they create a delicious sauce.

You are invited to a culinary feast!

Recipe:

- 4 duck thighs or duck quarters
- 2 onions
- 5 apples
- 4 cloves of garlic
- salt
- pepper
- · marjoram
- sweet red pepper
- 4 bay leaves
- 4 allspice
- 1 litre of cider
- 1 kg of potatoes
- 50 g of flour

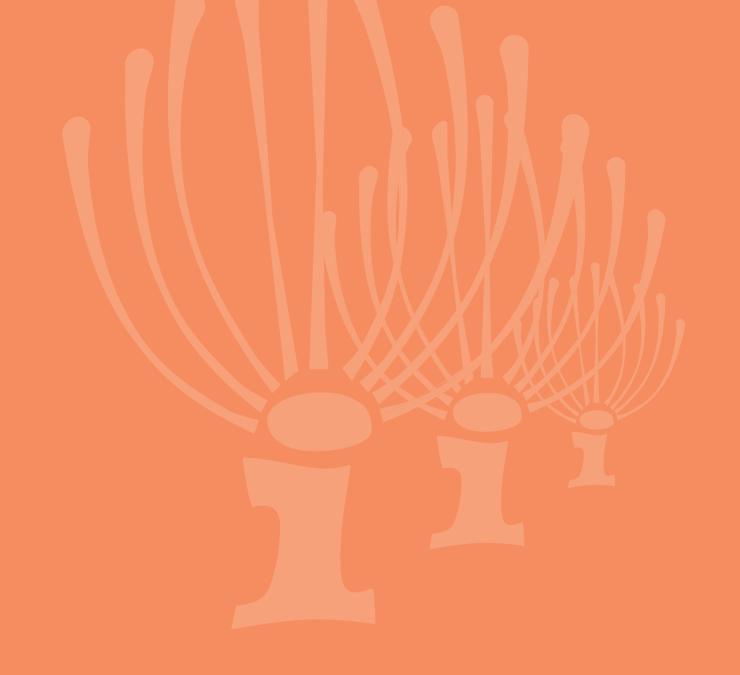


The dish was awarded in the Culinary Competition for Farmers' Wives' Associations entitled "Delicacies from Wielkopolska orchards" for the best regional dish with apple or plum - "Duck thigh in cider and apples with wedge roasts from Marianki" by the Marianki Farmers' Wives' Association in Marianków

Wash the duck's thighs and dry them with a paper towel. Rub each thigh with salt, pepper and red sweet pepper. Put aside. At this time, put two apples in a bowl, cut into quarters, with the skin, without seed nests. Throw in allspice and bay leaves, crushed garlic cloves and onion cut into feathers. Put on the thighs and pour over the cider. Put it in the fridge for 24 hours. After the time, remove from the brine, dry the thighs and rub with plenty of marjoram.

Put all the pickle ingredients in a saucepan or casserole dish. On it, put the thighs with the skin facing up, put 3 whole apples with the stem on the side and add the brine in such an amount that it covers about 1/3 of the meat. In practice, it's about two glasses. Cover tightly and put in the oven for 2 hours at 200 degrees, heat circulation, after 2 hours reduce the temperature to 160 degrees and bake for another 30 minutes. Remember to check the amount of liquid throughout the baking phase and add water if necessary. During the last 30 minutes of baking, cook potatoes with a small teaspoon of salt. When the potatoes are soft, take them out from the water and pour in flour. Use a kneader to wedge roasts.





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FREE PUBLICATION









"European Agricultural Fund for Rural Development: Europe investing in rural areas".